

# NCLEX Inspirations

## Garrison's NCLEX Review



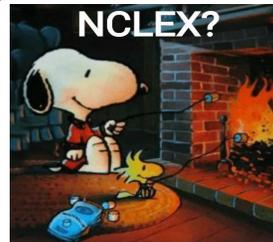
**There is so** much Social Media popping up on the internet these days, that you just don't know what to study for the NCLEX. Most of the "NCLEX® Question Of The Day" questions I see, are not NCLEX questions at all. The NCLEX just wouldn't ask a question as easy as that. It doesn't work that way. The internet is so full of "NCLEX noise".

**How do I** know? I have been helping with the NCLEX long before everyone had a smart phone and could

download a fancy NCLEX question app. I have been helping with the NCLEX long before there were "hundreds" of pop-up tutors, reviews and online ebooks to study from. I have been helping with the NCLEX 10 years before "Alternate Format Questions" appeared on the exam.

**In fact, I** have dedicated my life to knowing all about the NCLEX since I was first introduced to it in 1996. The success of my failures is proof that "this too shall pass"!

**So you can** trust me when I tell you about the NCLEX®. I have taken it three times and have dedicated my life to knowing every thing about the NCLEX since 1997. Back in my day, we had to wait 90 days between retests. But eventually, I made it.



*Don't worry  
Garrison's helping  
us!*

## Q: How Many Hours A Week Do You Recommend I Study?

**A: I always tell**

my students to treat the NCLEX like a part time job – at least, 20 hours a week but only do 2 hour intervals. Studies have shown

that the brain needs to take a break to comprehend beyond this point. Between tutoring, videos, reading, listening and doing 75 – 150 questions a day, this is a lot to keep track of

so this is why I suggest keeping a weekly timed schedule like the one that is available on my website.

**Try to find** a quiet space alone. Studying at work does not count.

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Create S.M.A.R.T. Goals



*When studying, set goals you can reach and write it on a daily schedule.*

## A Very Helpful Concept: Out Of My Fifty

**What many exam** testers do not realize, is that sometimes a incorrect statement, intervention or action, can be a **correct** answer.

**Words that are** associated with correct answers are: *correct, first, prioritize, include, implement and initiate*; to name a few. At times, some of these words can be used to find an incorrect statment intervention or answer as well and this can be best explained by watching my

*"How To Answer Priority Questions"* on my youtube channel.

**Words that are** associated with an incorrect answer being the correct choice on the NCLEX are: *follow-up, immediate, clarify, risk, notify and intervene*. When you see any of these words, this is a clue that you must look for an answer that is incorrect to take an action.

**This is by** no means an all-inclusive list and you will have a better understanding should I

tutor you. It is but one example of one of my 50 concepts to help you pick the right answer when you are stuck between two answer choices.



**Go to my "Free Resources" page and you will find a link to Sound Cloud that has all 50 concepts.**

## Skype For Tutoring

**No matter what** you use skype for, you should never have to pay for it. Until recently, I thought there was a problem with skype until I updated my Operating System.

**Once on the** Skype Download Page, ignore the instructions they give you as to how to download, and click on the scroll

down menu and pick "Skype Classic" version. This will open up skype on your laptop, desktop or pad. Now, set it up and

**"If you wish to contact me via skype my Skype ID is caring4you.net (exactly, search for my website and send me a contact request)"**

remember your name and ID that you used to set up your account.

**You will need** to know the contact ID of the person you wish to skype with to send a request but never, never ever should you see anything about buying skype credit or have trouble connecting with whatever review you are taking or with whomever is tutoring or chatting to you.

## You Can Not Tell You Are Ready To Test With Any Given Score

**No one can** really say when you are ready to test without really talking to you and teaching you, and even then, it is an opinion. I know many of you pay for NCLEX question banks online and at the end of a certain amount of questions, they give you a *"percentile score"*. They may even fancy it up with green, yellow and red graphic bars. The only one that can tell you if you

*are ready for the NCLEX is your own gut feeling.* Only you can judge if you are studying like the NCLEX was your second job and you are studying

**"The NCLEX test your ability as to how to do something. In college, we learn what to do and why"**

responsibly. **I have tutored** people that graduated top of their class. I have tutored people that have graduated from Yale University. The NCLEX is not a scoring type test. In college, we learn **what** to do and why. For the NCLEX, you have to know **how** to do and do it alone. There in lies the difference

## How is the NCLEX Scored?

**As mentioned, the NCLEX** is not a scored exam so every one passes on their own level . But the question is, *“Why does your diagnostic letter say ‘PASS / FAIL?’”* It is because you did / didn't get 50% of the expert questions correct.

**What is an** expert question since it is all Greek to you? These are questions that tend to deal with prioritizing, delegating, ECG's, triage, infection control coordination of care, legal and ethical issues. These also may be the questions that make you

stop in your tracks and say, “What? No one ever taught me this!”

**Experience is the** best teacher and the NCLEX knows you have no experience. This is why you only have to get 50% of the expert questions correct. This is the minimum amount of knowledge you need to know to practice nursing safely. The other half you will learn on the job. The passing of time and repetition is what teaches someone to become an expert in their field.

**I have a** long explanation that was written to me when I my heart was crushed and I failed the NCLEX. You can find the letter on my website on the Home Page at the top of the page under the heading “NCLEX Explained” in blue.

**There are not** many NCLEX Reviews that deal with these expert questions mentioned. This is why I focus on these types of topics the most and one of the reasons why I consider myself and Expert on the NCLEX.

## What is the difference between Content And Concepts?

**Content is what** one should have learned in Nursing School. Content is reviewing all the systems of the body and the illnesses therein and learning pediatrics, geriatrics and labor and delivery etc. Content is all the stuff one learned to pass your ATI or HESI Exit. I believe these two tests are like report cards for your institution of higher learner to be sure they taught you all the areas of

nursing. I fully believe and know, this test alone does not prepare you for the NCLEX because you need to understand concepts to get the expert questions correct.

**“To catch the reader's attention, place an interesting sentence or quote from the story here.”**

**Concepts are my** specialty. In short, concepts are what others call “Strategies or Tips” to pass the NCLEX. I call what I teach concepts because I explain how to pick the right answer when you can narrow it down to two choices. My concepts will help you answer the expert questions on the NCLEX.

## Inspirational NCLEX Story

**The year was** 1996, I took the NCLEX and failed it. Never one to give up, I took the NCLEX and failed it again. Being low on finances, I went to work for Hospice to work the graveyard shift while I studied again and for finances to take the NCLEX again. Finally, on my third try, I passed my NCLEX. During this time, I had grown into a loving

caregiver relationship with my client. So much so, that one day he told me, he wanted to leave me in his Last Will & Testament. I suggested he live it to the two colleges I attended. He took my advice and six years later, it came to my attention that a \$1Million Endowment was left to the Nursing Department by George Boyd in honor of my name.

**Had I not failed** the NCLEX, there would be no Goerge Boyd Scholarship for nursing students in two colleges. Had I not failed the NCLEX, there would be no website to help students pass their NCLEX.

**We all pass** the NCLEX in God's time. Sometimes failure **IS** the success!

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### Caring 4 You Nursing Services

1740 S Burlington Rd  
Floor One

Bridgeton, NJ 08302

Phone: 856.392.9620

Fax: 856.455.4689

E-mail: [info@caring4you.net](mailto:info@caring4you.net)

I have been helping nursing students pass their NCLEX since 1997 and it has been such a blessing for me to do so. After 20 years of helping with the NCLEX, I would like to write a book and place not only my knowledge in this book but I would like to place your inspirational stories throughout the book as well. So please submit your story about your journey to become a nurse. I would be honored to publish it in this newsletter.

If you know anyone that needs a tutor for the NCLEX that truly cares about their career and them as a person, please feel free to call me or contact me via the web and let me see what I can do. This year is your year for success.

*"Healing your community one  
student at a time"*

**We're on the Web!**  
[www.caring4you.net/news](http://www.caring4you.net/news)

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## A Poem I Wrote In Nursing School

### **You Are A Nursing Student**

by Anneliese Garrison, SN

© written 12/20/95

You will be mentally stressed.

You will be emotionally  
challenged.

You will learn how to work  
together.

You will learn to work alone.

You will learn when to speak.  
You will learn when to be silent.

You will learn when to lead.  
You will learn when to follow.

You will be constructively  
criticized.

You will be praised.

You will shed a few tears.  
You will share in each other's  
laughter.

You will learn the need to help  
each other.

You will learn to help yourself.

You will learn to be part of a  
group.

You will learn to be yourself--an  
individual.

You will learn responsibility.  
You will learn discipline.

You will learn these things  
because  
someday someone's life will  
depend  
on you.

You are a nursing student  
you will graduate-----

You will be,  
in all it's wonder and glory,  
a Nurse.